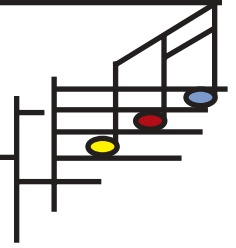

Notes From Melba

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Should You Love It or Leave It? -- *Your Job, That Is*

Do you ever think that the grass must be greener somewhere else?

Many people I work with consider leaving their jobs from time to time, but a job change is a serious decision in any person's life and certainly not one to be made lightly.

Sometimes when people leave their jobs because they feel that something is wrong or missing, they regret their departure later on.

We usually think that leaving a job means physically walking out the door, but many people have left their jobs psychologically by withdrawing their energy and commitment.

Some people are looking for the perfect job, but the perfect job doesn't exist. People who think that starting their own business would solve all their problems have often not taken into consideration the tremendous demands on any business owner and the many benefits they would lose.

I often suggest that people who are dissatisfied with their current situation explore options available to them. After much reflection and searching, many people decide that where they are is exactly where they need to be and begin looking at their situation from a new perspective.

The new Articles listed below which have been added to the website this month present a variety of approaches, including ways to cope with your current situation if for some reason you feel you cannot leave.

Also this month our first e-book, *Planning Your Career*, is available for download at
http://www.melbabenson.com/articles_files/Planning Your Career.pdf.

Planning Your Career is a comprehensive guide which:

- Helps you evaluate whether you are in the right job or career.
- Takes you through a step-by-step analysis of your life goals, work style, dreams, personal desires, and long-term plans.
- Guides you through locating potential employers, targeting organizations, resume writing, letters of application, and interviewing techniques.
- Focuses on how to compute what you need or want financially and how much you are worth.

All of us spend a substantial portion of our time at work. Shouldn't we all do whatever we need to do to make that time as productive and enjoyable as possible?

New Articles on <http://www.melbabenson.com/articles.php>

“Love It, Don't Leave It: How to Get the Job You Want Without Leaving the Job You Have”

“How to Open Yourself to Your Life's Purpose”

“What's Next for You?”

“What Should I Do With My Life?”

“How to Be Creative in a Toxic Workplace”

“When you have work you love,
working hard and
too many days a week
for too many hours
goes from being a grind
to a lifetime where there is
unlimited opportunity.”

-Annette Benning

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