## **Surviving Mall Madness**

- 1. Shop early and during off hours.
  - Mondays and Tuesdays are the least crowded shopping days.
  - Early morning and lunch-hour shopping is also less crowded.
- 2. Shop according to your shipping needs.
  - First buy gifts that need to be wrapped and shipped, then concentrate on gifts to be delivered in town, and finally for family gifts.
  - Think small when buying gifts that need to be shipped. Even items purchased on sale can become quite expensive when you add packing and shipping.
- 3. Take back roads and park as far away from the main entrances as you can. Make a note of where you parked your car so you can find it easily.
- 4. Shop early when parking lots are less crowded. Or take advantage of valet parking, or have a friend drive you to your destination and pick you up when you are done.
- 5. Set a budget for yourself before you shop, and stick to it.
- 6. Bring a list of who you need to buy for and their wish lists. Bring a list of everyone's ages, sizes, and preferences. Be patient, and know that you will find a gift for everyone on your list.
- 7. Bring a snack, and bring along your water bottle or take advantage of water fountains when possible. Dehydration can make you feel tired long before the day is over.
- 8. Wear the most comfortable shoes and clothes you have, and carry a small purse or money belt that is easy to get to. Wear a light coat or leave your coat in the car.
- 9. Take breaks. Short breaks in a chair or on a bench can help revive tired feet.
- 10. Keep receipts so that any returns or replacements can be made easily and accurately.
- 11. Avoid malls and big shopping centers. Out-of-the-way stores are usually crowd-free.
- 12. Consider shopping online or from catalogs. Be sure to check out return, shipping, and delivery policies.